

2023 Tilth Alliance March Edible Plant Sale

Vegetable Plant List



Updated 3/14/2023

Please be aware that we may not have all of the varieties listed in this document at the 2023 March Edible Plant Sale. Occasionally, the growers will experience a crop failure or the plants will be too small to sell. We apologize for any inconvenience this may cause.

All our vegetable starts are organically grown and/or Certified Organic by Washington growers at Rent's Due Ranch in Stanwood and Sunseed Farms in Acme.

Artichoke

Green Globe

100-120 days. Perennial. Open pollinated. Deep green, round flower buds with a light purple tinge. They are 3-5 inches in diameter and have thick, flavorful hearts. A good harvest of 3-4 heads can be expected on second year plants throughout the summer. The most hardy and dependable artichoke in our region.

Wonder

88 days. Bright green heads grow to 5 inches. Stay firm but have a tender heart. The spinelss plants bear a heavy yield. Leave a few small flowers to fully open - they are fabulous pollinator flowers. Enjoy a summer day watching bees roll around in the flowers like fish in a sea anemone. Enjoy the leaves and heart steamed with oil or butter and a little sea salt.

Beets

Bulls Blood

64 days. Open pollinated. Three veggies from one plant! Bull's Blood beets are great to grow for early salads, the reddish baby leaves are a great addition to a colorful mesclun mix. As the leaves get bigger, the red-purple color deepens and you can harvest them as a tasty braising vegetable similar to chard. Bulls Blood beet roots are a deep purple color with visible concentric circles running throughout. Optimal flavor when harvested young.

Chioggia

65 days. Open pollinated Italian heirloom (pre-1840). Chioggia has mesmerizing red and white concentric rings that resemble peppermint candy! Sweeter than most beets and can be prepared via steaming, sauteeing, roasting, pickling or even raw in a salad. The greens are also colorful and tasty and worthy of eating regularly.

Early Wonder Tall Top

60 days. Open pollinated. 3-4 inch deep red globes with tall, glossy leaves that make tasty greens. A good all around beet. Grown in a partially shady site expect to harvest primarily for greens. Try it roasted, pickled, in soups and diced in salads.

Golden

53 days. Open pollinated. A golden globe of sweetness! The best of the golden beets in reliability and also produces an abundance of dark greens that are delicious and grow so thickly that they block out weeds! Use as you would red beets but expect a sweeter and more mild flavor.

Broccoli

Arcadia

70 days. Heading variety. Medium sized, dome shaped dark green heads. Heat and cold tolerant, maturing mid to late season. 'Arcadia' is a good home and market garden broccoli. Side shoots follow the main head harvest.

Calabrese Sprouting

60 days. Open pollinated heirloom. 2-3 foot plants will start out with a medium sized blue-green flower cluster. After you harvest that head, it will start sending out side shoots. Each time you harvest, it will keep sending out more shoots; it just keeps going! You get a lot for your money with this Italian heirloom--providing stir-fries and side dishes throughout the late spring and summer. Very frost tolerant.

Marathon

68 days. Cold tolerant variety great for planting early in the garden. Also grown over the winter in the northwest. Tight flowers on a small high domed head. Great for steaming, casseroles, and stir fry. Feed broccoli with good organic nitrogen fertilizers that are slow release to keep this dense plant growing and green.

Brussels Sprouts

Nautic

105 days. Medium sized sprouts on tall plants - great for late fall harvests and benefits from a touch of frost. Great yield potential for our cool northwest fall season. Good taste - add to other roasted veggies or as an accompaniment to a pork roast for added flavor.

Rubine

85 days. Open pollinated heirloom. Great variety for spring planting, grows to 2 feet with attractive green leaves with red veins. Sprouts grow to one and a half inches and are a purple red that keep their color well when cooked. Tender and sweet, great for roasting and making a savory summer salad with.

Oliver

90 days. Smooth bright green heads are tight and well spaced on the stems. Great with a touch of frost. Versatile in different climates so adaptable to our changing northwest spring to summer to fall. Consistent production. Brussels sprouts are delicious roasted with meat, on their own with a little sea salt, and sliced into fine shavings for a bright tasting cole slaw.

Cabbage

Katarina

45 days. Fast growing heading cabbage with lovely pale green leaves. All America Selection award winner produces 4 inch heads, great for using up with no food waste. Small size works well in urban gardens and larger containers. Sweet flavor makes for wonderful cole slaw or try it sauteed with 'Blush' onion. The fast growth also outcompetes imported cabbage worms!

Red Express

63 days. Open pollinated. A compact red cabbage for the urban garden! Solid, round heads weigh 2 to 4 pounds and have great flavor. Good choice for early harvesting while other longer growing cabbages grow up around them. Space at 8 inches with your later crop cabbages.

Napa Blues

57 days. Ten inch heads grow on very disease resistant plants. Napa Blues will be good for summer and fall harvests. Bolt resistant too. Chop fine for a tasty slaw or add to a summer veggie saute.

Cauliflower

Denali

73 days. Self wrapping heads on a cold tolerant cauliflower. This variety is deep rooting; feed well with slow release nitrogen fertilizer. Breaks into nice sized florets. Also heat tolerant. Try some cauliflower steamed with butter and sea salt, or make a creamy roasted vegan cauliflower soup! Nutritious, beautiful and tasty.

Purple Moon

60 days. Earlier than 'Graffiti' and equally beautiful deep purple crowns. Harvests in a concentrated time frame so be prepared to freeze and share. Tie leaves up over the plant when maturing for best color.

Romanesco

80 days from transplant. Open pollinated Italian heirloom. This is the beautiful, light green spiraling cauliflower that you have seen in specialty markets. It grows well in cool climates and is very popular in Italy. Mild flavor similar in texture and taste to a cross between cauliflower and broccoli.

Collards

Champion

60 days. Open pollinated. A super, cold-weather hardy variety of collard greens, 'Champion' has dark-green, large cabbage-like leaves that reach their peak of sweetness after the fall frosts touch their leaves. Plant now and harvest all winter long; you'll be so grateful for their sweet flavor!

Ole Timey Blue

80 days. Open pollinated heirloom. Grown by the Blackwell family for over 100 years, they donated seeds to Seed Savers in 1989 to save the variety. Bluish leaves with a pink rib become sweeter and more colorful after a frost. The Blackwell family made a sauerkraut type dish from the tender leaves. Likes full sun but cool soil. Plant shading plants at its base for best effect.

Greens

Arugula Astro

38 days. Open pollinated. A mild flavored arugula with rounder, fuller leaves. Cold hardy, heat tolerant and fast growing, you can start cutting fresh greens within a few weeks of transplanting. Especially good for picking in the baby leaf stage.

~~Arugula Grazia CROP FAILURE~~

~~50 days. Open pollinated. 'Sylvetta' type arugula sports a compact size – good for smaller gardens. Good bolt resistance and shelf life for the greens once picked. Deep green serrated leaves are spicy and tender.~~

Bok Choy Choko

45 days. This delightful bok choy variety is green all over with lovely light green stems fanning out into deep green cupped leaves with strong venation. Beautifully decorative in containers. Grows to 11 inches and are sturdy but tender when cooked. Great for stir fry, soup, adding to casseroles. Good sub for 'Shuko'.

Bok Choy Prize

50 days. Open pollinated. This is a full sized pac choi, 15-18 inches when headed. Like all pac choi 'Prize' prefers cool weather but is also slow to bolt. Grows thick succulent stems and tender greens with a mild flavor. Add to stir fries for a flavorful crunch. Also holds up well for kim chee.

Bok Choy Violetta

30 days for baby greens, 50 days for heads. Crisp and sweet flavor, as well as beautiful plant. Rich violet leaf tops contrast with green undersides and green stems. Serve baby greens fresh in salads, and use mature heads in stir-fries and soups. A great source of vitamin A, calcium and iron.

Mustard Green Wave

45 days. Open pollinated. Bright green ruffled leaves are a lovely addition to the spring garden, particularly when you taste their spicy mellow flavor when braised with other veggies. Super productive, great for seeding alongside transplants to ensure a continual harvest. Very slow to bolt. Can begin baby leaf harvest at 21 days.

Mustard Giant Red

20 days for baby greens or 40 days for large leaves. Open pollinated. This spectacular mustard is large and dark purple. Wonderful as an ornamental that doubles as a cooking green. Very spicy and intense, these greens give you a kick you can't get from store bought mustard greens. Harvest the outer leaves leaving the smaller inner leaves to grow and your plants will last for many weeks.

Mustard Ruby Streaks

45 days. Open pollinated. A fast growing and colorful mustard for the spring and fall garden. Deeply serrated leaves are a striking wine red and green and make a beautiful addition to a spring salad or stir fry. This mustard can be harvested at any size and in the cool season can be cut to come again or sown successively for a longer harvest.

Salad Mix - Mild

20-40 days. Don't want to pick out different greens? Choose this mild salad mix for a sweet blend of colorful and tasty greens. These will mature at different rates. Great for fresh eating. Succession growing all in one package!

Salad Mix - Spicy

21 days for baby greens. Open pollinated. This mix of arugula, red and green mustards and Kyona mizuna will wake up any salad and is also delicious braised. Easy to grow and fast maturing, you can't go wrong with spicy salad mix (unless of course you don't like spice.)

Spinach Bloomsdale

40-60 days. Open pollinated. This is your classic dark green spinach, thick and meaty, tender and tasty! Appealing savoyed leaves can be eaten young in salad mixes or picked when larger and more substantial. Delicious stuffed into pastas, pies and quiches. Vigorous, prolific grower that is slow to bolt in the summer.

Spinach Giant Winter

45 days. Open pollinated. This variety is ideal for wintering over so a good early spring planting will be right up its alley. Tolerant of cold soil and cool weather and not too quick to come to maturity. The leaves are large, dark and savoyed; very beautiful. Great cooked or fresh; nutritious too.

Spinach Sunangel

27 days. Very savoyed and a lovely dark green. Grows quickly but also bolt resistant. Grows upright. Downy mildew resistant. Tuck a lot of it into the garden in nooks and crannies for a quick harvest and to save row space for longer growing varieties. Grow to maturity or cut at baby leaf stages.

Swiss Chard Bright Lights

55 days. Open pollinated. This chard mix will light up your garden with its green or red leaves and stems of red, pink, golden, orange or white - both solid colors and striped. It fits into ornamental plantings as well as the vegetable garden. Its flavor is mild and satisfying, use it in the kitchen as you would spinach. 'Bright Lights' Swiss chard was chosen as an All-America Selection Winner in 1998.

Swiss Chard Fordhook Giant

60 days. Open pollinated. An impressive chard with large, frilly, dark-green leaves. The white stems are strong and thick, yet tender and crispy; chopped, they make a wonderful addition to a gratin. Plants can grow over 2 feet high but still fit well into a small urban garden. This variety is so productive and delicious, you'll be sharing it with your neighbors!

Swiss Chard Rainbow

60 days. Like the beloved 'Bright Lights' chard mix, 'Rainbow' offers a blend of all colors of stem in green, red, pink, yellow, and orange with green leaves with colorful veins. Leaves are savoyed and great fresh or cooked. Try some chard in the next quiche you bake or chopped fine in a grain salad. Decorative for containers as well.

Swiss Chard Ruby Red

60 days. Open pollinated heirloom. 'Ruby Red' is a very hardy variety of chard with deeply savoyed, dark-green leaves and dark crimson stalks 2 inches across at the base. An heirloom from 1857, it is a beautiful addition to any garden.

Kale

Lacinato Dazzling Blue

50 days. Open pollinated. Bred by Hank Keogh in Oregon at Avoca Seed Farm in association with Wild Garden Seed. Beautiful puckered blue lacinato shaped leaves sport a bright pink midrib. The color intensifies in cold weather. Chop into a delicate and colorful cole slaw or saute with other summer veggies.

Lacinato Dinosaur, Toscano, Black

45 days. Open pollinated heirloom. Also called Nero di Toscana, dinosaur kale, black kale, palm kale, and Tuscan kale. One of the most beautiful and tastiest kales to grace any kitchen garden. Shaped like a miniature palm tree, it is about 18 inches high. It is delicious and nutritious as well as adaptable to a wide temperature range. Its sweet, mild flavor actually improves after a frost.

Lacinato Rainbow

65 days. Open pollinated. A cross between 'Lacinato' and 'Redbor' kales resulting in a fancier 'Dino' kale for your garden! More productive than the typical 'Lacinato' and very cold hardy. The leaves vary in color and are attractive to add to a container collection of greens on your front porch. Use as you would any kale, in salads, soup or stir fry.

Red Russian

50 days. Open pollinated heirloom. Red Russian Kale has lovely cut leaves and purplish-red stems that make this plant gorgeous in the garden or on the plate. The plant grows over a long season and can be harvested through fall and sometimes over winter and into the following spring! Kale is an easy plant to grow and is really good for you.

Kohlrabi

Azur Star

55 days. Open pollinated. A beautiful, deep purple star in the garden! Azure Star is juicy and peppery when sliced up fresh from harvest or wait to pick this beauty until kissed by the frost in fall for even more sweetness.

Delicacy White

65 days. Open pollinated. Durable through the summer and winter both, 'Delicacy White' is really a lovely shade of mint green. Produces a tender bulb stem reaching the size of a tennis ball. Stay tender as they mature so you can leave growing before you need to use them. Delicious raw or steamed. Try it in a coleslaw!

Leeks

Columbus

80 days. Medium sized leek with a straight stem and virtually no bulbing. Blue green leaves are pretty in the garden and on the plate. Mulch when overwintering. Freezes well too. Mound soil to develop more tender white stem. Lovely for soups, as a mild onion flavor in casseroles, quiches, or scrambled eggs.

King Richard

75 days. Open pollinated. The easiest of leeks to grow. No mounding of soil needed and they are ok with crowding which will result in tender baby leeks in late spring. Plant now to harvest and cook with the first tomatoes and beans for summer.

Lettuce

Butterhead—Buttercrunch—CROP FAILURE

~~46 days. Open pollinated. Originally bred through Cornell University, 'Buttercrunch' was developed for full-sized tender heads. Forms a 6 inch rosette that is tight but fan-shaped. Deep green outer leaves with a blanched yellow center produce a pretty and tasty salad base. Sweet and crisp and slow to bolt.~~

Butterhead – Nancy (substitute for Buttercrunch)

52 days. Open pollinated. Traditional Boston butterhead type. Green leaves are thick and crisp. Yum! Good disease resistance and sturdy plant. Use for salads, sandwiches, and wraps.

Butterhead - Red Cross

48 days. Open pollinated. Butterhead type, large, bright red heads with green centers. Good heat resistance and resistant to downy mildew. Great for multiple seasons and succession plantings.

Butterhead - Tom Thumb

55 days. Open pollinated heirloom. Small and elegant, Tom Thumb is a butterhead lettuce. About the size of an apple when full grown, wait until the head is fully formed and harvest the whole thing. Crisp and soft, the leaves will make great edible cups to fill with your favorite tuna or egg salad! This cutie does not hold up well in the heat so plant early spring or late in the summer for a fall crop.

Leaf - Australian Yellow Leaf

50 days. Open pollinated heirloom. Almost neon in brightness, this chartreuse yellow lettuce will add an impressive color scheme to your lettuce patch. It is very slow to bolt, staying tender and mild into the summer. Considered a "loose-leaf" type lettuce, you can harvest outer leaves and let the inner leaves keep growing for a continual harvest all season long.

Leaf - Flashy Butter Oak

54 days. Open pollinated. Pretty! A mild flavored lettuce with a crisp buttery texture. Compact heads of puckered, emerald green, oak-shaped leaves are splashed with flashy, maroon speckles. Mix it with other unusual lettuces and create an edible masterpiece of color!

Leaf - New Red Fire

55 days. Open pollinated. Uniform dense leafy plant, colorful green base with intense red leaves, crisp and fresh all season long and good heat tolerance. What more can you ask for in a lettuce? Guess what? It is disease resistant too. Toss this into summer salads for a colorful punch or trim some leaves to brighten up your freshly grilled burger. Add them to pots for a cheerful display.

Leaf - Two Star

45 days. Open pollinated. Crisp and substantial leaves are full of moisture and add a delicious crunch to a sandwich. Plants can grow to 12 inches wide with large 6 inch wide leaves. Chartreuse color makes for a lovely addition to a salad mixed with 'Marshall' or 'Outredgeous' salad leaves. Trim leaves as needed or cut at base and let reprot. Slow to bolt.

Romaine - Coastal Star

57 days. Open pollinated. A tall, dark and handsome green Romaine lettuce. Producing heavy heads with firm ribs, the crunch of 'coastal Star' will suit a robust Caesar Salad or do well on a picnic sandwich. The flavor stays sweet into the summer heat.

~~**Romaine - Dragoon CROP FAILURE**~~

~~43 days. Open pollinated. Lovely little compact romaine to grow alongside your 'Tom Thumb' butterheads. Grow well in containers and are a good size for a dinner serving. Bolt resistant and sturdy. Disease resistant too. Try them on sandwiches for a bite size crunch.~~

Romaine - Marshall

65 days. Open pollinated. Deepest, darkest red romaine we can find! Tight, upright heads grow to 8 inches and held up off the ground. Smooth leaves have a crisp clean flavor.

Romaine - Outredgeous

52 days. Open pollinated. One of the reddest romaines out there! A stout grower that can be harvested leaf by leaf or saved to head up and harvest as a beautiful salad bouquet.

Romaine - Pomegranate Crunch

50 days. Open pollinated. Glowing red leaves with green interiors shine in this open headed mini romaine lettuce. A fast grower with downy mildew resistance. This crisp lettuce is great as the star of the salad bowl combined with fresh avocado and nasturtium for a colorful and tasty summer dish.

Variety - Farmer's Choice Mix

45-75 days. This mix contains some heirloom and open pollinated varieties, red, green, butterhead, romaine, leaf, you name it! It is a blend of the complete lettuce offerings from one of our growers. Sow as a full bed for a colorful and delicious effect.

Onion

Ailsa Craig

110 days. Open pollinated heirloom. This onion is also known as "Exhibition" because it is one to grow for your county fair! The enormous slightly oval pale straw-colored globes are sweet and mildly pungent. Eat them quickly because they only store for a short while. This onion was named after Ailsa Crag, a small steep-sided island off the west coast of Scotland.

Apache

65 days. Mild but colorful scallion type onion with bright purple and white bases and green stems. Color forms early in the season. Can be left to mature and develop a delicate pink bulb. Winters over well too. Winner of the Royal Horticultural Society Award of Garden Merit. Try chopping finely and topping savory deviled eggs or potato salad.

Blush

115 days. Long day onion. Plant in early spring to get best bulb size. Blush is a beautiful champagne pink color bulb with light purple rings. The foliage is lush and the bulb grows to 10 ounces. Sweet flavor. Stores well. Add to a stir fry or chop into any casserole.

Evergreen Bunching

75 days. Open pollinated heirloom. Bunching onions do not produce bulbs. Instead, harvest them while young for fresh green tops and tender, milder white bottoms. Also called scallions, bunching onions are easy to grow and give a nice bit of onion flavor to salads, soups and other dishes early in the season. If you leave some behind when you harvest, they will form new onion side shoots every season.

Patterson

104 days. Long day variety - this onion does best planted in early spring to maximize green growth. Once long days arrive the bulb will begin to set. Similar to Copra but makes a larger bulb and keeps longer. Good pungency and sweet flavor make this a good all around onion. Use as you would any yellow storage onion. Great raw too!

Ruby Ring

110-125 days. Solid red onion that develops into 4 inch diameter keeper onion. Reliable in the PNW. Flavorful, colorful and durable. Long day onions begin to bulb when the day length reaches 14-15 hours in the summer so get these in as soon as you take them home. Wonderful standard onion for all your stewing, soup, casserole needs.

Walla Walla Sweet

125 days. Open pollinated. Long day onion. For many Northwest gardeners, their onion patch just isn't complete without Walla Wallas. The bulbs will be 2 1/2 to 3 inches across, with sweet flavor. Plan to use these beauties quickly, they're not meant for long-term storage.

Peas

Shelling - Canoe

70 days. Open Pollinated. Very productive shelling pea with many peas per curved pod. Sweet and tasty! The vines only grow about 30 inches and are almost leafless; easy to manage. Tuck into small spaces in clusters on mini trellises - great for small urban gardens or in containers on patios and balconies.

Shelling - Green Arrow

60-70 days. Open pollinated heirloom. If you are looking for a great shelling pea, this is a good choice. Plants grow 24-28 inches but push out loads of pods- each 4-5 inches long and filled with 8-11 yummy little peas. Enjoying the fresh taste of garden peas is an old-time treat not enjoyed much anymore. These guys are so worth it!

Snap - Honey Snap

58 days. Open pollinated. Bred by Ron Lamborn, son of the classic 'Sugar Snap' pea breeder, the late Calvin Lamborn in Idaho. This is a beauty - golden yellow pods with green seeds that tastes delicious too. Eat fresh off the vine or pick to steam in a colorful trio with purple 'Royal Snap' peas and 'Honey Snap's parent 'Sugar Snap'.

Snap - Sugar Anne

52-62 days. Open pollinated. You don't need to trellis these self-supporting little vines. They only grow 2' tall! This relative newcomer to the pea scene will let you enjoy an early harvest of crunchy, sweet pods. Great for a kid's crop.

Snap - Sugar Magnolia

70 days. Open pollinated. Violet 4 inch pods best picked just before fully plumping out. Tender and sweet and colorful! Can vine up to 7 feet so give good support. Blooms are bicolored purple and the vines produce vigorous tendrils. Great for fresh eating, in salads or steamed for dinner. Another one bred by Dr. Alan Kapuler, founder of Peace Seeds in Oregon.

Snap - Sugar Snap

58 days. Open pollinated. This early season pea will give you tons of juicy pods on 5' vines. Put a crunch in your salads and favorite stir fry dishes. Good disease resistance.

Snow - Oregon Giant

70 days. Open pollinated. Oregon Giant has super-sweet, 5" long pods that will extend your pea season! Trellis these big guys and watch them grow! Disease resistant.

Snow - Royal Snow

61 days. Open pollinated. This stunning purple snow pea has lovely pink flowers on 30 inch vines - needs climbing support. Bred by Dr. Calvin Lamborn - originator of 'Sugar Snap' variety. Great eaten raw and best when lightly cooked to preserve some color. Mix and match with other peas for a colorful flower and pod display in the garden!

Strawberry

Alpine - Alexandria

Perennial. Open pollinated. This is an improved selection that features bright red fruits that are twice the size of wild berries. The compact, heavy blooming plants produce large amounts of fragrant and tasty strawberries continuously from spring through fall. Though runnerless, these perennial plants will often naturalize in the garden--a welcome attribute!

Alpine - Pineapple Crush

Perennial. A great clumping strawberry with small but intense pineapple-flavored white berries. Very decorative – great for hanging baskets and containers. Try some mixed with edible flowers for an attractive pot on your porch.

Day Neutral – Albion CROP FAILURE

~~Perennial. Albion begins producing in June and continues throughout the summer though with smaller batches during our hotter weather. Expect a good fall crop too. Deep red berries are sweet and consistent. Good disease resistance. Great for containers!~~

Day Neutral – Seascape CROP FAILURE

~~Perennial. Super early, everbearing variety developed by UC Davis. Extremely high yielding, incredibly sweet and wonderfully large berries are as close to they come to perfect. Plants are resistant to viruses and are easy to grow as they do well in a variety of growing conditions.~~

June Bearing - Puget Crimson

Perennial. Late season bearer with delicious flavor and deep red color. Especially great for fresh eating but also can be used for processing. Developed cooperatively between WSU, OSU and USDA-ARS at WSU-Puyallup. Add to your strawberry plantings, tuck into large pots or fill hanging baskets with them.

June Bearing - Rainier

Perennial. Your crop of 'Rainier' strawberries will supply you with the quintessential Pacific Northwest taste of summer. These medium sized fruits are sweet and flavorful and are one of the best varieties for home production. Disease resistant and hardy plants will deliver good summer memories for years to come!

June Bearing - Shuksan

Perennial. A popular Oregon variety, a standard of the industry. This June bearing strawberry produces consistently heavy crops of dark red, flavorful berries. Eaten fresh or frozen this berry makes a wonderful treat any time of the year. Released in 1970. Very winter hardy.